



Happy families

OFTEN IT'S THE simple things that children enjoy the most and, with a little imagination, everyday activities can be turned into a great adventure. "I remember the magic of hunting for fairies under stones with my father when I was small," says parenting coach Sue Atkins. "In turn, this was something I've enjoyed recreating with my own child." It's these special moments that your children will treasure forever. National Family Week, that runs from May 25–31, aims to highlight simple and easy ways you can make the most of your free time with your family. Activities include a record-breaking picnic attempt, sports days and storytelling. For details, visit www.nationalfamilyweek.co.uk

