



**THE FIRST-EVER
National Family Week
 starts tomorrow.**

With major sponsors like the National Lottery Good Causes, and the backing of schools, community organisations, celebrities, etc., it has one simple aim — to bring families together.

Parenthood is never easy but extra hurdles like relationship break-ups, separation from extended family, illness, disability, unemployment, bereavement, alcohol or drugs abuse, can all test a family's strength.

Recognising many families need extra support at times, Leicester woman Margaret Harrison founded the charity Home-Start in 1973.

The idea was to match a family needing help with a trained volunteer who would provide practical and emotional support in order to help build up the family's confidence and increase their ability to cope.

Home-Start is now the biggest family support charity in the UK with 15,000 trained volunteers involved in 300 schemes.

